

“BLESSED ARE THE MERCIFUL,
FOR THEY SHALL OBTAIN MERCY.”
(MATTHEW 5:7)



OUR FAITH IN ACTION

A Project Funded by TIA in 2016

Crowsnest Pass Women's Resource and Crisis Centre Family Support and Education Counsellor

The main focus of the Family Violence Prevention and Education Program is to support all individuals and families who face life struggles. This includes but is not limited to referrals for meeting basic needs (food, clothing, and safe shelter (if required)). Along with these needs, their emotional / psychological needs are also a concern and through this program, clients have the availability to access support through the *Family Support and Education Counsellor* or be referred out and supported when making the transition to another agency. This position originally was one day a week which has gradually become two days a week as more generous funding has been acquired to accommodate the increased need for service.

The following is a list of some of the many opportunities the Program Coordinator takes part in or works on while bearing in mind *prevention, intervention and crisis* support.

- Client counselling sessions (noticeable increase in this area)
- Support person in the community's Healthy Family Conference
- Roots of Empathy Program Facilitator in a grade one classroom once a week for the school year. This program focuses on developing empathy in children
- Build connections with the local high school to offer self-esteem building workshops for grades seven and eight girls (i.e.: self-care, healthy choices, healthy families, etc.)
- Work with local RCMP/Peace Officer re: *Positive Ticketing* that targets youth and catching them making positive choices
- Community connections with agencies that offer programs to build assets and community connection
- Parent Link Program *Triple P - Positive Parenting Presentation* Facilitator
- Facilitate *Home Alone Program* for children 10 and up in connection with Family Community Support Services
- Babysitting Course provider for children 11 and up (in collaboration with Recreation Dept.)
- Continual collaboration with Child and Family Services, Family Community Support Services, Recreation Dept., 40 Developmental Asset initiative (CNP40), Mental Health and Addictions, Parent Link Centre, Parent And Student Support Program, Early Childhood Coalition, Health Unit, Women's Emergency Shelter, Brighter Futures and schools to continually refer and connect families to any services that are required

Submitted by Bonita Bourlon RPN, Family Support and Education Counsellor

