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# Diocesan Pastoral Care Course

September 27 - November 4, 2018

*Thursdays 6:30pm - 9:30pm*

*Location: Catholic Pastoral Centre*

*120-17 Ave SW Calgary*

**Registration Fee: \$50.00 includes a manual.**

**Registration or further information please call (403) 218 5501.**

**E-mail: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)**

Pastoral Care is the unconditional caring response to the lonely, shut-ins, the sick and dying to meet their spiritual needs, being respectful of their own religious beliefs and practice. This course will introduce you to the basic visiting skills for visiting in the health care facilities or parish.

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# Palliative Care Education Program

April 26 & 27, 2019 - Part 1

*Friday 6:15pm - 9:00pm*

*Saturday 9:00am - 4:00pm*

and

May 3 & 4, 2019 - Part 2

*Friday 6:30pm - 9:00pm*

*Saturday 9:00am - 3:30pm*

*Location: Holy Spirit Parish*

*10827 - 24 Street SW Calgary*

**Registration Fee: \$50.00 includes a manual.**

**Registration or further information please call (403) 218 5501 or (403) 218 5508**

**E-mail: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)**

Palliative care is the active, compassionate care of a person whose disease is no longer responsive to traditional treatment aimed at cure. The goal of palliative care is to promote quality of life through the control of symptoms, whether they be physical, psychological, social or spiritual.

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# Bereavement Education Program

October 12 & 13, 2018 - Part 1

*Friday 6:15pm - 9:00pm*

*Saturday 9:00am - 4:00pm*

and

October 19 & 20, 2018 - Part 2

*Friday 6:30pm - 9:00pm*

*Saturday 9:00am - 3:30pm*

*Location: St. Michael's Parish*

*800 - 85 St. SW Calgary*

**Registration Fee: \$50.00 includes a manual.**

**Registration or further information please call (403) 218 5501 or (403) 218 5508**

**E-mail: [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)**



The **Bereavement Program** will teach you the skills to offer your presence and support in a caring way. The grieving may include your family, friends, or colleagues on their grief journey. This certificate is a necessary component to be a part of the Parish Bereavement Team.

## *One Day Workshops*

### *“Compassion Fatigue and Burnout”*

The importance of this workshop is to understand the compassion fatigue process, the signs and symptoms of compassion fatigue, the differences between compassion fatigue and burnout. Particular emphasis will be placed on discovering personal vulnerabilities and self-care strategies.



### *“Mental Health Workshop”*

This one-day, experiential workshop is suitable for volunteers and anyone working with or visiting people with mental illness.



### *“Alzheimer Workshop”*

This workshop will provide the participants with an understanding of Alzheimer’s disease and related dementias.



### *“Refresher” Workshop for Pastoral Care Ministry*

We offer this one-day workshop to review best practices within Pastoral Care Ministry with a special focus on Eucharistic Ministry to the sick and elderly. This workshop is a great refresher for those who have already completed the Diocesan Pastoral Care program and have ministered for some time and now wish to brush up and update the best practice insights for effective ministry.

If you would be interested in hosting a *One Day Workshop* for your parish please call (403) 218-5508 or

Email:

[halina.white@calgarydiocese.ca](mailto:halina.white@calgarydiocese.ca)



**The Pastoral, Palliative and Bereavement programs are *certificate* programs.**

The presenters are professionals, selected from their area of expertise.

The Pastoral and Palliative Care Education programs are recognized and accepted by the Alberta Health Services.

They are also recognized by the College and Association of Registered Nurses of Alberta. (CARNA)



*“God has created me to do some definite service. God has committed some work to me not committed to another.*

*I have my mission. I may never know it in this life, but I shall be told it in the next.*

*I am a link in a chain, a bond of connection between persons.”*

Excerpt of a prayer By Cardinal John Henry Newman

Visit our website  
[www.calgarydiocese.ca](http://www.calgarydiocese.ca)

Email:

[healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

Health Care Apostolate  
Diocese of Calgary

**Fall 2018**

## *Pastoral, Palliative & Bereavement Education Programs*

&

## *Workshops*

